



# neurotracker

*Unlocking Mental Performance*

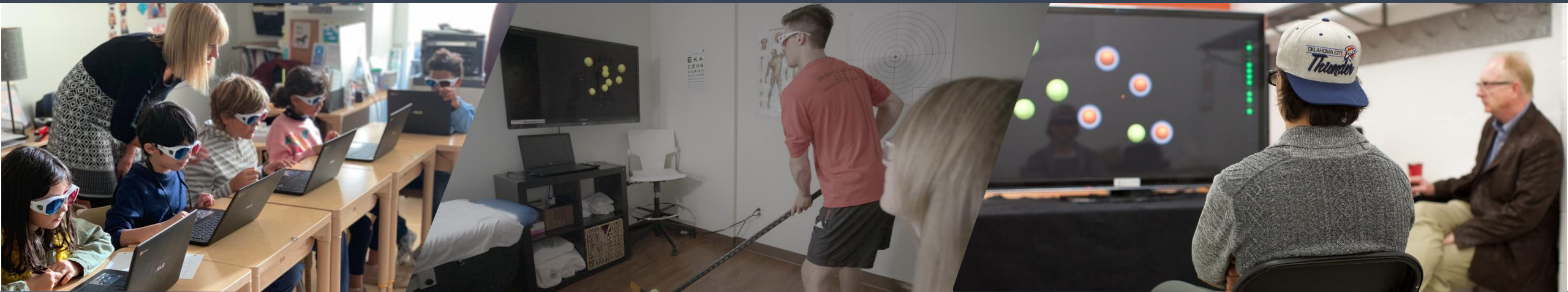


# Power of *NeuroTracker*

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*What is NeuroTracker?* Technology to measure and enhance awareness and focus.

*How does it work?* NeuroTracker uses a 3D visual exercise that has been shown to improve high-level cognitive functions such as working memory, attention and mental processing speed.





# Shift Towards Complete Solutions

## *Human Performance Factors*

Individuals across domains are recognizing that human performance doesn't rely on a single factor. Consequently, a growing number of people worldwide are seeking solutions that address different facets of performance.

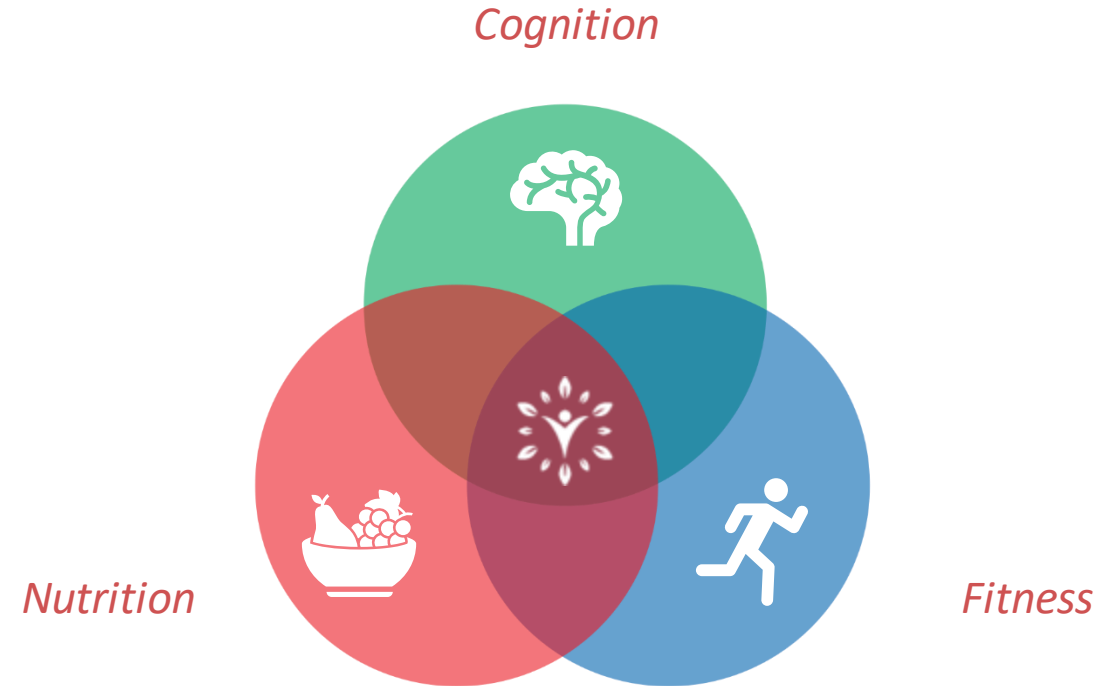
## *Strength of NeuroTracker position*

**Efficiency:** Short 6-minute exercise that enhances key mental skills that are used on a daily basis.

**Reach:** Training applicable to nearly all populations; from elite performance, to young students, to active agers, to rehabilitation patients and more.

**Transfer:** Demonstrated real-world transfer, with 40+ supporting research studies across a several domains.

**Flexibility:** The technology can be used on a stand-alone basis or alongside complementary interventions or dual-tasks.



# Our Scorecard

**Global Leader:** NeuroTracker is the most scientifically validated neuro-technology to improve elite human performance.

**20+ Years of R&D:** NeuroTracker emerged from over two decades of neuroscience research through the Faubert Lab at the University of Montreal.

**Patent Frontrunner:** NeuroTracker has seven families of patents across all elements of its science and technology, positioning it the largest patent holder in the cognitive training space.

**Building Champions:** NeuroTracker is part of the training of several championship winners



# Clients & Partners



Canadian Forces

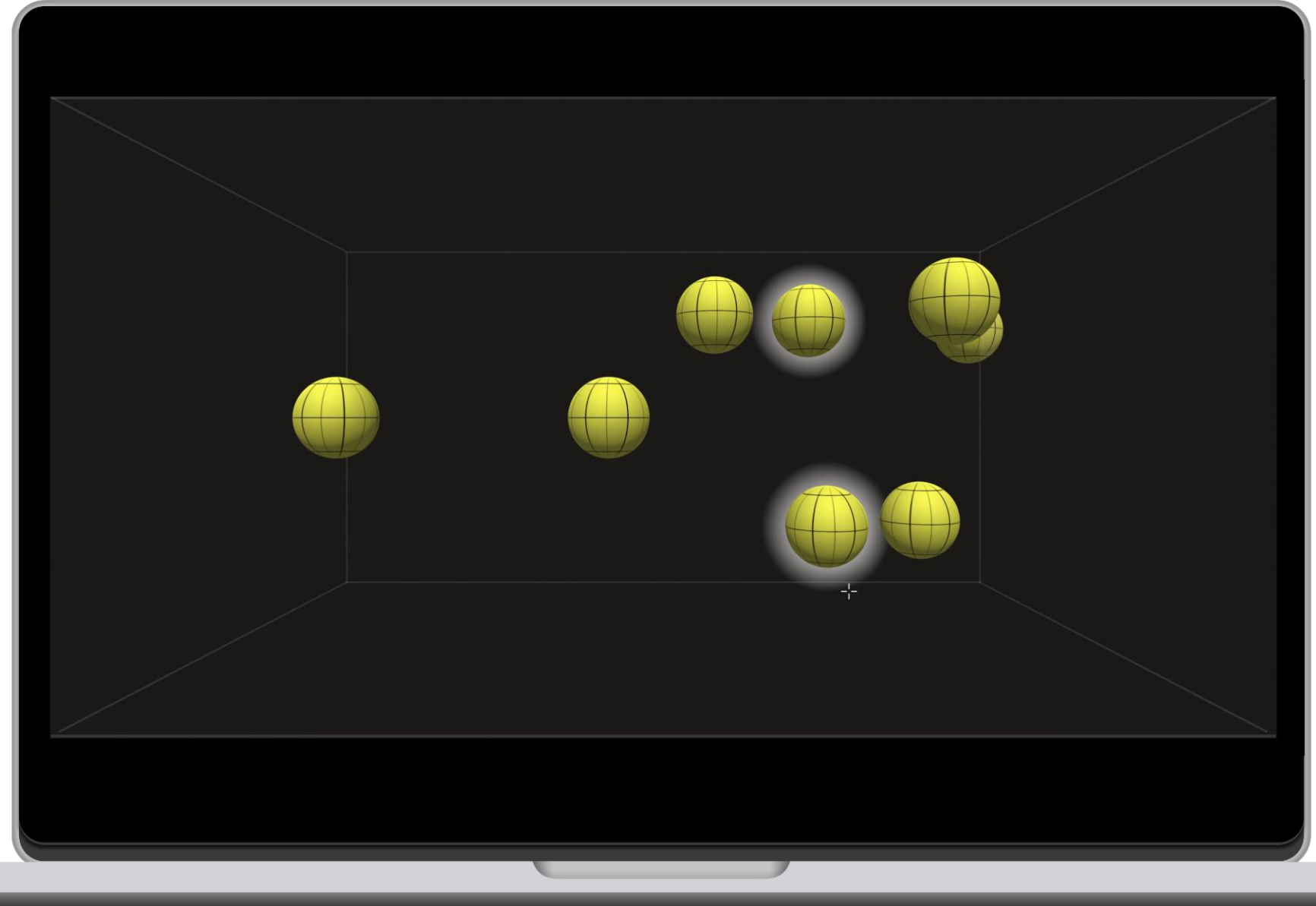
# *The NeuroTracker* *Exercise*

NeuroTracker involves tracking multiple objects, as they move in 3D space at increasing speeds.

TARGET

TRACK

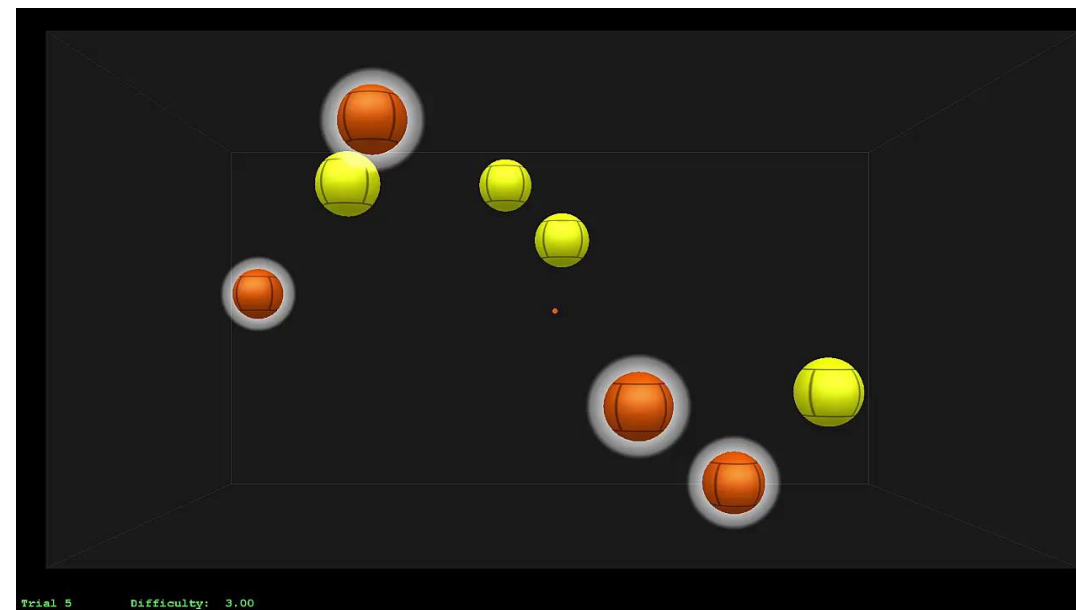
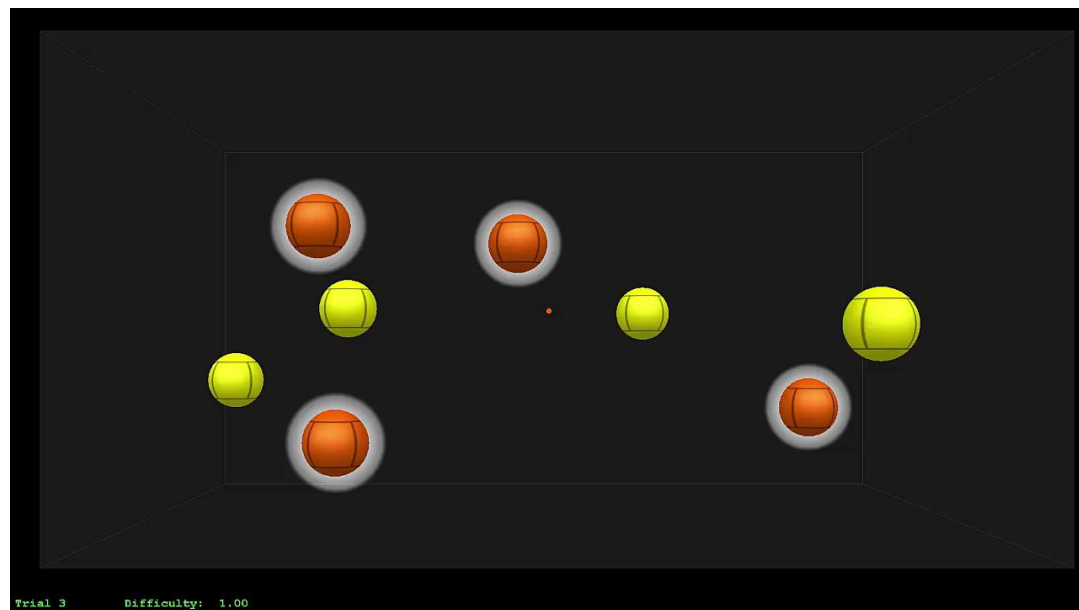
IDENTIFY



# Training Efficacy

## Fast Improvement

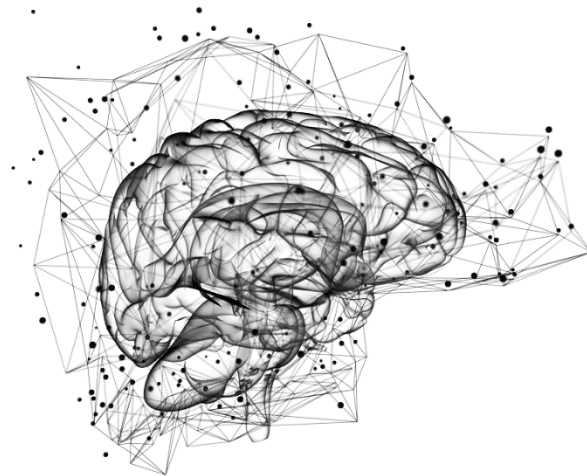
Research has shown that as little as **12 NeuroTracker Sessions**, just **72 minutes** of training time, produces powerful improvement in human cognitive function



# Scientific Research that *Enhances Elite Performance*

## *Scientifically-proven enhancements in:*

1. Attention
2. Working memory
3. Executive function
4. Processing speed
5. Situational awareness



## *... resulting in real-life improvements:*

- Assess and read surroundings faster
- More accurate determination of visual cues
- Anticipate & predict next moves
- Build cognitive resiliency
- Perform under pressure

NeuroTracker performs in **mission critical, high-stakes, fast-paced environments**  
... for data-rich and faster-decision-making



# *Scientific Validation across various industries applications*



## **Unique indicator of elite performance (2013)**

- Landmark study reveals NeuroTracker can predict elite learning capabilities of high performers.



## **Predictor of NBA performance (2014)**

- A single NeuroTracker session demonstrated predictive capacity of Assist-to-turnover ratio and Turnover statistics across an NBA season



## **Improves decision-making skills in soccer players (2015)**

- 30 sessions of NeuroTracker training resulted in a 15% improvement in passing accuracy & decision-making in varsity soccer athletes.



## **NeuroTracker enhances cognitive function (2016)**

- 3 hours of distributed NeuroTracker training robustly transfers to high-level cognitive gains, with boosts in brainwave activity.



## **Improves working memory in military (2016)**

- Short NeuroTracker intervention results in 15% improvement in working memory capacity in a military sample.



## **Assessment of cognitive load in jet pilots (2017/18)**

- NeuroTracker measures reveal the cognitive demands of simulated and live flight performance.



## **Role in mental resistance to fatigue (2018)**

- NeuroTracker training improves mental resilience to physical fatigue in rugby athletes.



## **Linked to fluid reasoning intelligence (2018)**

- NeuroTracker performance is positively associated with fluid reasoning intelligence, especially in conditions of high cognitive load.

# Training Applications



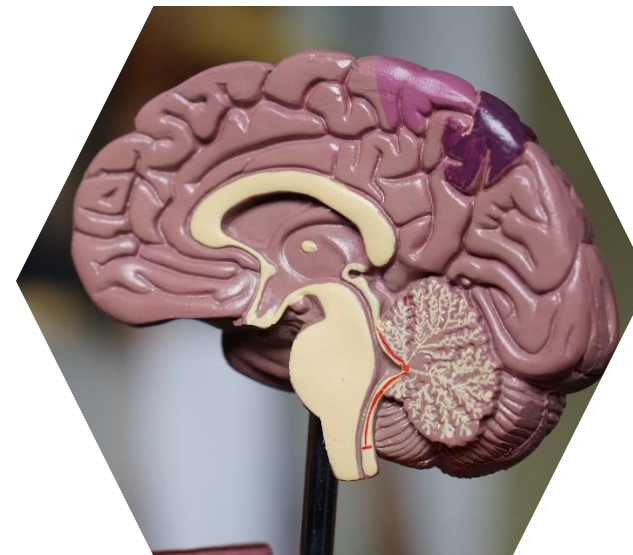
## Enhancing Performance

NeuroTracker efficiently improves awareness and focus. Through short, 6-minute training sessions, individuals will gain an improved ability to anticipate complex scenes, process information and deal with unpredictability more effectively.



## Profiling & Assessment

NeuroTracker is a sensitive cognitive measure that has been linked to elite performance. By testing individuals on NeuroTracker, valuable insights can be gained into the mental capabilities of each person.

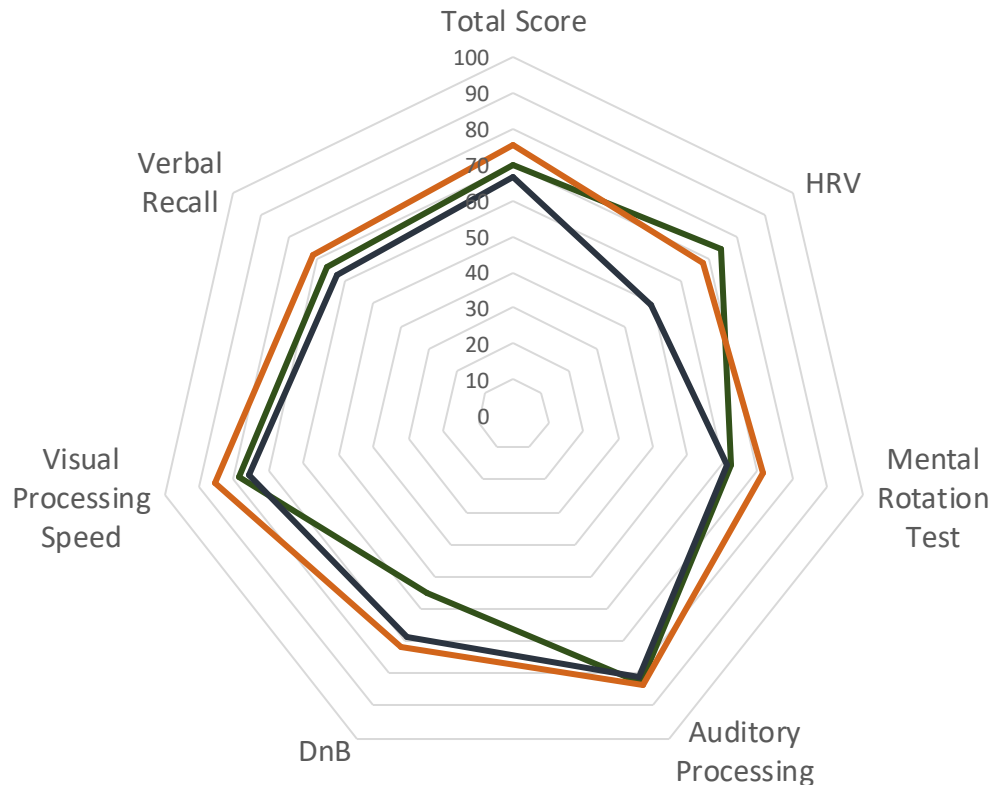


## Assisting Recovery

Following an injury, individuals can struggle to regain their form and adapt to the normal life. As a non-invasive exercise, NeuroTracker allows people to train throughout the recovery period in order to recover fully.

# Use Case: US Air Force

— Student Baseline AVG — Instructor AVG — Student Post Test AVG



## US Air force – AFWERX Open Challenge

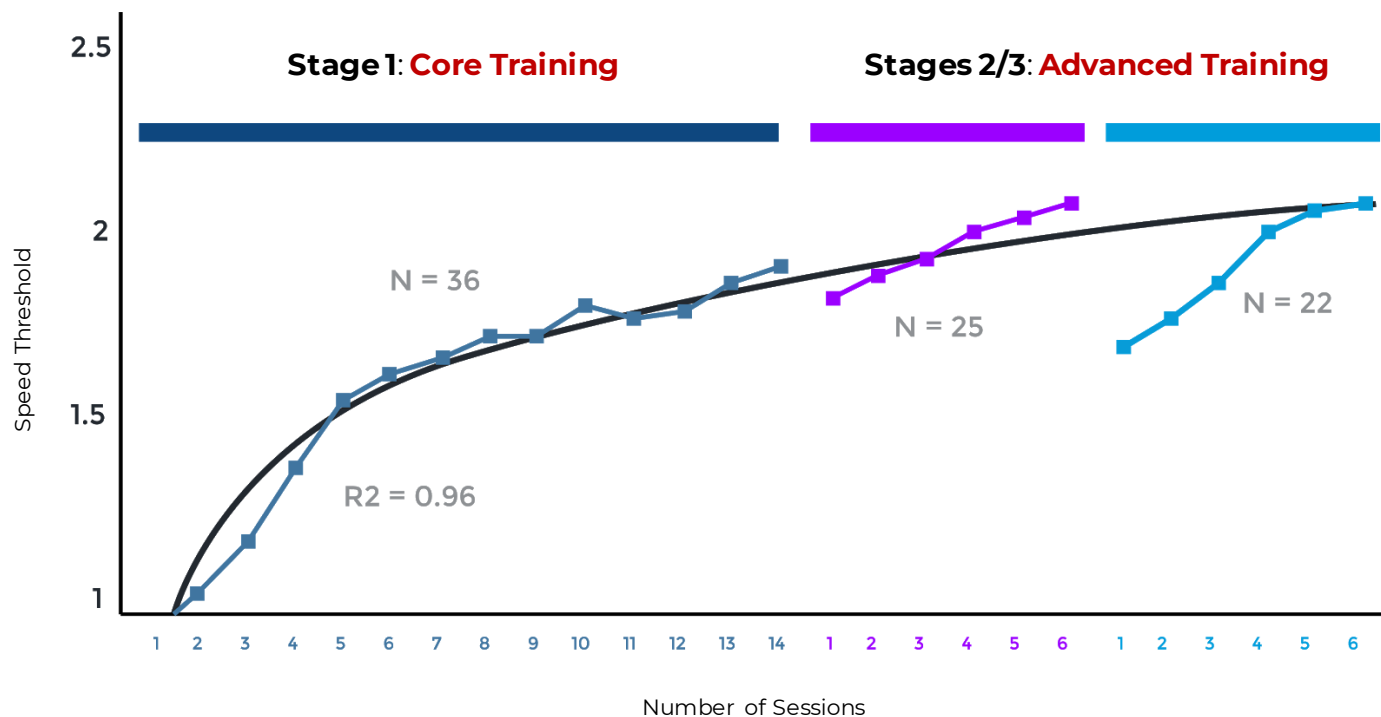
- NeuroTracker one of 150 Submissions
- One of five finalists to win a contract
- Only winner implemented into **Pilot Training Next** program
- Granted contract for US Army **Aviator Training Next** program



## Results at 4 Weeks (6 minutes of training per day)

- DnB (Working Memory): **36% improvement**
- Mental Rotation Test (Spatial Awareness): **20% improvement**
- Visual Processing Speed: **12% improvement**
- Long-term Verbal Recall: **9% improvement**
- Auditory Processing (Digit Span): **4% improvement**

# Increasing complexity & contextualizing to your needs



## Stage 1: Core Training

Initial training consists of the NeuroTracker exercise in a context free environment.

## Stages 2/3: Advanced Training

Advanced training adds dual-tasks to the training, forcing the user to complete a secondary task while doing NeuroTracker Training.

Integrated: **video**, **imagery** or **audio**

# Dual-Task Options

*Simple to complex principle*

## Physical General

Incorporating physical exercises that range from balance to strength training.



## Motor-Skills Specific

Incorporating sport or job specific exercises that require precise movements.

## Combined Neuro-physical

Incorporating decision making scenarios that require a physical response.



## Tactical Mental Specific

Incorporating general or specific decision making scenarios into the training.

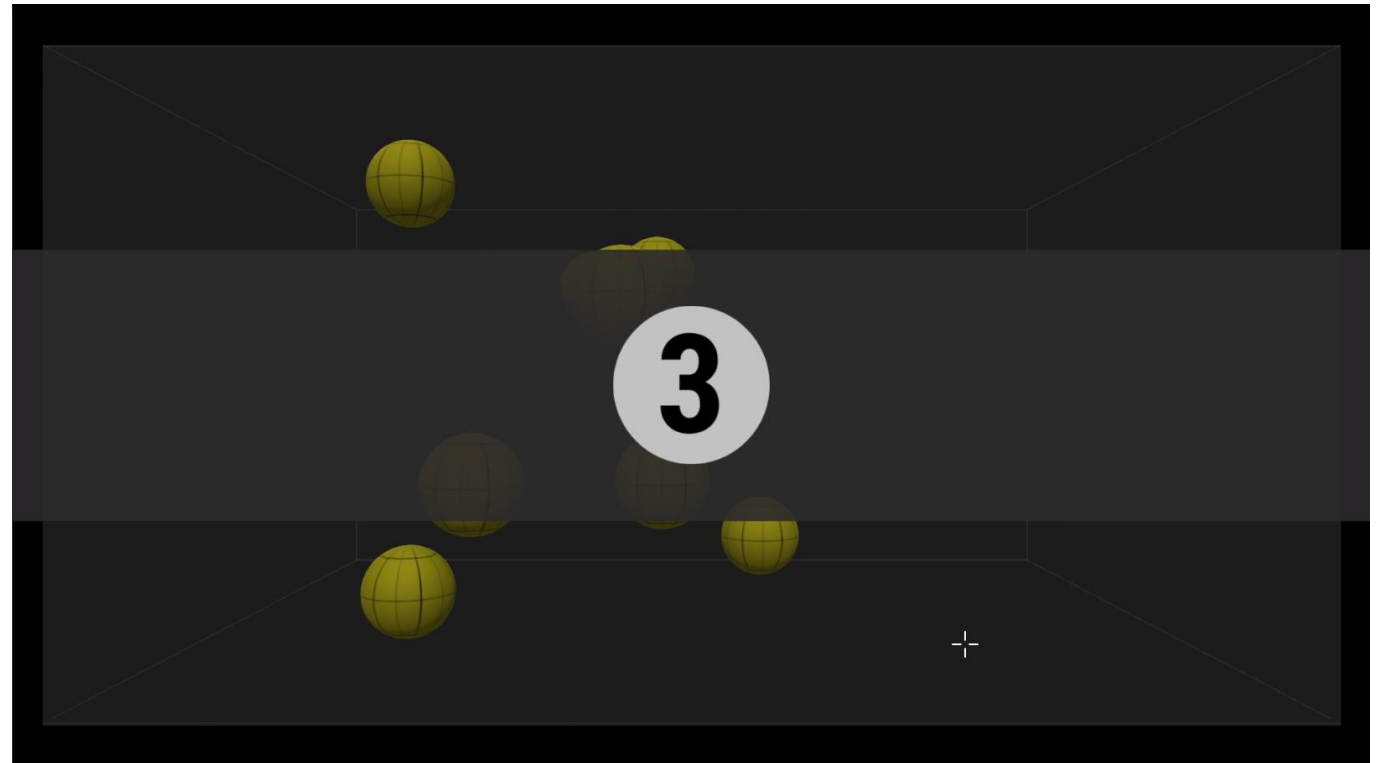


# *Accelerate Mastery: Tactical Training*

NeuroTracker Tactical training incorporates **imagery**, **video** or **audio** to increase the mastery of specific performance objectives.

## **Example: US Army ATN: Visual - Analyze, Interpret, Respond**

- Imagery can be customized for any course or training curriculum topics/areas of importance
- Benefits include enhanced learning and performance outcomes
- Each organization can provide customized content for individualized and tailored programs

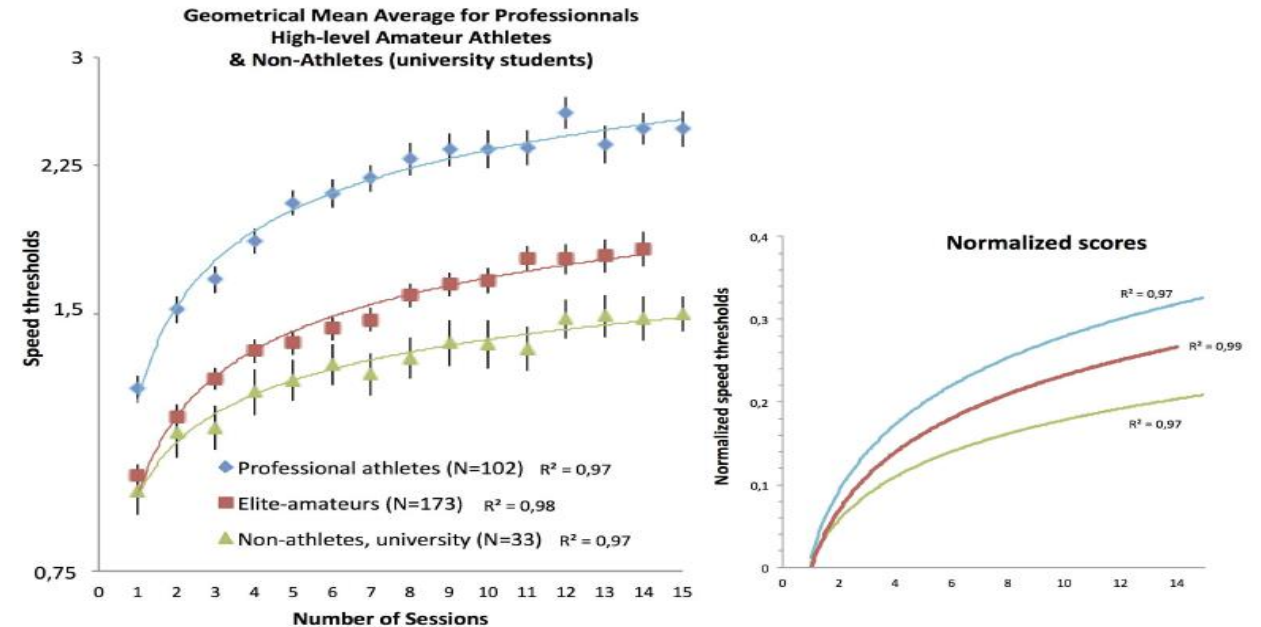


## Profiling & Assessment

Revealing Potential:

- Identify inherent cognitive abilities
- Assess performance readiness
- Optimize career path decisions
- Efficiently allocate training resources

Combine **physiological measures** with a **cognitive measure**, to get a full picture of an individual's status

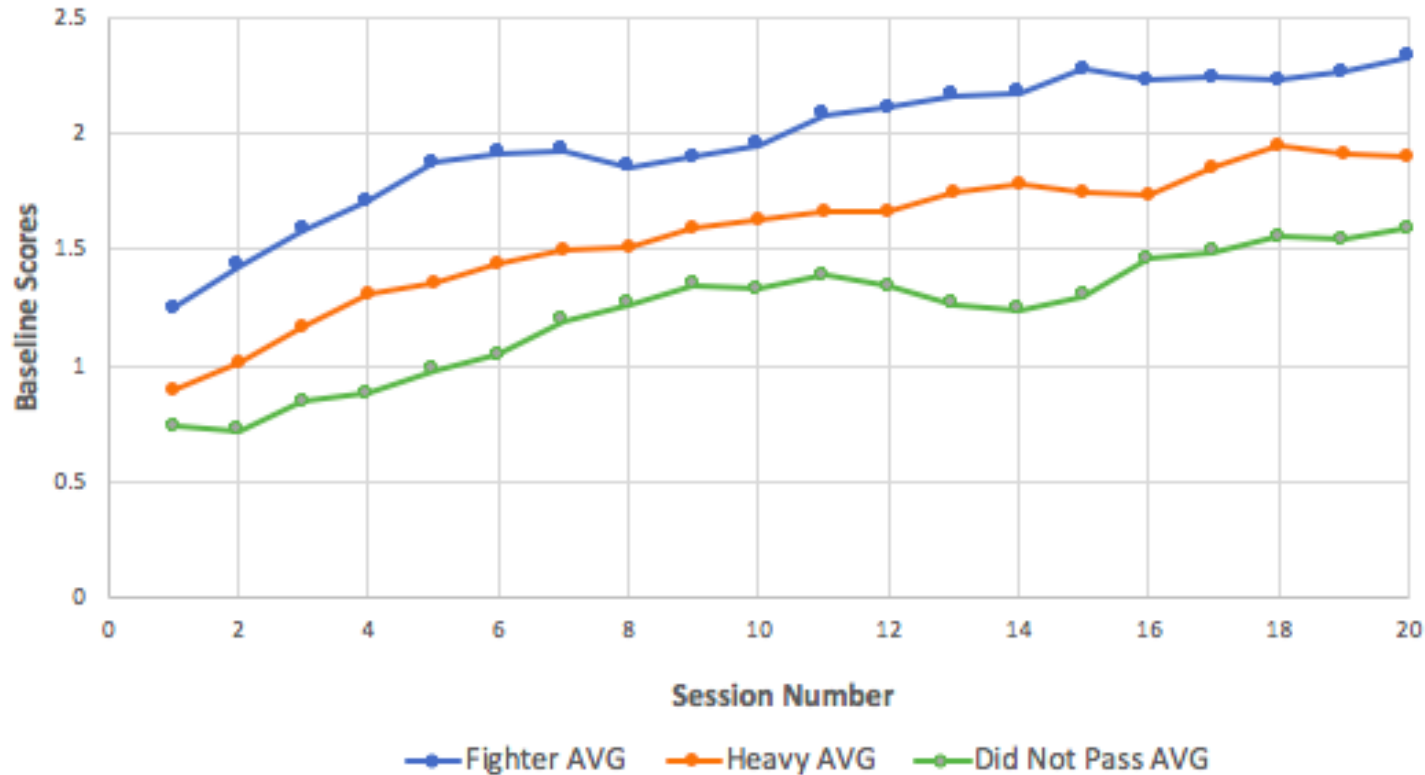


### NeuroTracker Research

Researchers compared the cognitive performances of professional athletes, NCAA athletes and university students.

# Applied Biometrics Analytics at PTN2

PTN Flight Track Assignment



- NeuroTracker demonstrated to be a potentially strong predictor of Student Pilot Performance
- Discernable differences are detectable after only three NT Sessions (Baselines take 20 minutes)
- Trends are consistent throughout the consolidation phase of training (first 20 sessions)
- Additional data required for statistically valid sample



## NeuroTracker Applications

### *Tool for Rehabilitation*

Research shows that NeuroTracker could serve as an inexpensive and easily accessible **marker of recovery** following concussion and may also be beneficial in **stimulating recovery**.



### *Tangible Benefits*

- Accurate return to play indicator
- Stimulate recovery
- Keeps an objective baseline
- Complements existing modalities

# NeuroTrackerX & Brain Trainers

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	NeuroTrackerX	Brain Training Programs
<b>Populations</b>	<b>Broad:</b> applicable to diverse populations, including children with learning disabilities, professional athletes, older adults, patients etc.	<b>Focused:</b> generally tailored to active aging market
<b>Task Complexity</b>	<b>Less is More:</b> reliable, simple metric that can be consistently applied across populations	<b>High:</b> many exercises, each with their own set of instructions and rules
<b>Transfer Effects</b>	<b>Far and wide:</b> dynamic task that reflects “real-world” integration of cognitive functions. Near and far transfer to real-world abilities well established	<b>Near and narrow:</b> isolated tasks focus on specific cognitive functions but fail to integrate as a whole
<b>Intervention Time</b>	<b>Short:</b> 2-3 hours of distributed training 12 minutes per week (2 sessions)	<b>Long:</b> average of 30-50+ hours BrainHQ: 90 minutes per week (recommended)
<b>Practice Effects</b>	<b>Minimal:</b> speed threshold score shown to have negligible effects from practice	<b>Ambiguous:</b> difficult to distinguish what degree of improved scores are related to strategy/practice
<b>Accessibility</b>	Computers or tablets (Windows, Android*, iOS**)	Computers, tablets, smartphones





***Thank You***